

CURRICULUM VITAE

EDWARD ANDREW SELBY

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ACADEMIC APPOINTMENTS

- 2017 - Present **Director of Clinical Training**
Department of Psychology
Rutgers, The State University of New Jersey
- 2017 - Present **Associate Professor** (with tenure)
Department of Psychology – Clinical Ph.D. Program
Director – Emotion and Psychopathology Lab
Rutgers, The State University of New Jersey
New Brunswick, NJ (Flagship Campus)
- 2013 - Present **Core Faculty**
Institute for Health, Healthcare Policy, and Aging Research
Rutgers, The State University of New Jersey
- 2011 – 2013 **Affiliated Faculty**
Institute for Health, Healthcare Policy, and Aging Research
Rutgers, The State University of New Jersey
- 2011 - 2017 **Assistant Professor** – Tenure Track
Department of Psychology – Clinical Ph.D. Program
Director – Emotion and Psychopathology Lab
Rutgers, The State University of New Jersey
New Brunswick, NJ (Flagship Campus)

CLINICAL LICENSURE

- 2013 – Present Licensed Psychologist, State of New York (NY#020331)

EDUCATION

- 2011 **The Florida State University** – Tallahassee, Florida
PhD – Doctor of Philosophy in Clinical Psychology
Pre-Doctoral Fellow, National Institute of Mental Health (NIMH)
- 2010-2011 **Brown University - Warren Alpert Medical School** – Providence, Rhode Island
Psychology Residency (APA Accredited)
- 2007 **The Florida State University** – Tallahassee, Florida
MS – Master of Science in Clinical Psychology
- 2005 **University of Wyoming, with Honors** – Laramie, Wyoming
BA – Bachelor of Arts in Psychology
BS – Bachelor of Science in Physiology and Neuroscience

HONORS AND AWARDS

- 2015 – Rising Star, *Association for Psychological Science*
- 2014-2016 – *National Institute of Mental Health Student Loan Repayment Grant for Clinical Research - Continuation (L30)*
- 2013 – *International Academy of Suicide Research (IASR) Young Investigator Award*
- 2012 – 2015 *Families for Borderline Personality Disorder Research Investigator, Brain & Behavior Research Foundation*
- 2012-2014 - *National Institute of Mental Health Student Loan Repayment Grant for Clinical Research (L30)*
- 2011 - *American Psychological Association (APA) Division 12 Distinguished Student Research Award, Society of Clinical Psychology*
- 2011 - *Jane West Research Award, Department of Psychology, Florida State University*
- 2010 - *Outstanding Research and Creativity Award, Florida State University*
- 2009 - *American Psychological Foundation/Congress of Graduate Departments of Psychology (APF-COGDOP) Graduate Research Scholarship*
- 2009 - *The Neil S. Jacobson Award for Outstanding and Innovative Clinical Research, Association for Behavioral and Cognitive Therapies (ABCT)*
- 2008- *Ruth L. Kirschstein National Research Service Award (NRSA), National Institutes of Health (NIH)*
- 2008 - *Dissertation Research Fellowship, Florida State University*
- 2008 - *First Place Empirical Article Competition, FSU Psychology Clinic*
- 2006-2009 - *FSU Congress of Graduate Students Conference Presentation Grants*
- 2005 - *Graduate Research Fellowship, National Science Foundation – Honorable Mention*
- 2005 - Phi Beta Kappa
- 2005 - Phi Kappa Phi
- 2004 - *EPSCoR Research Fellowship, National Science Foundation*
- 2004 - *College of Arts and Sciences Independent Study Award, University of Wyoming*
- 2004 - *Paul Stock Travel Grant, University of Wyoming*
- 2004 - *Travel Award, Department of Psychology, University of Wyoming*

2001-2005 - *Presidential Scholarship*, University of Wyoming

EXTRAMURAL RESEARCH SUPPORT

Current

National Institute on Drug Abuse NIH F31 DA043934-01A1

Title: Transdiagnostic Risk Factors and the Relative Reinforcing Efficacy of Cigarettes

Role: Mentor for Allison Borges (with Marc Steinberg)

Budget: \$89,048

Period: 07/01/2018-6/30/2020

Pending

National Institute of Mental Health R01

Title: *Suicide Prevention for Patients with Chronic Pain*

Period: 6/1/2019-5/31/2024

Role: Co-Investigator (PI: McAndrew)

Direct Costs (Subaward): \$157,996

Effort: 10%

National Institute on Aging P30

Title: *Therapeutic Emotion Self-Monitoring in Dementia Clinical Caretakers*

Period: 8/1/2019-7/31/2024

Role: Principal Investigator (Center PI: Dong)

Direct Costs (Subward): \$100,000

Effort: 20%

Templeton Foundation

Title: Spirituality and meaning making: Understanding and enhancing an essential buffer against suicidal behavior.

Role: Principal Investigator (Co-PI Evan Kleiman)

Budget: \$223,239

Period: 6/01/2020-2/28/2023

Effort: 10%

Completed

Department of Veterans Affairs VA PO#561-C73580

Title: Concept and Development of Problem-Solving Therapy for Chronic Pain and Suicide Risk among Veterans

Period: 8/1/2017-8/31/2018

Role: Principal Investigator

Direct Costs: \$18,155

Effort: 10%

Janssen Pharmaceutica Protocol #54135419SUI0001

Title: Validation and Mapping of the Suicide Ideation and Behavior Assessment Tool in Subjects at Various Levels of Risk for Suicide

Period: 04/26/2017-7/31/2018

Direct Costs: \$51,458

Role: Principal Investigator

R03 DA041556-01

National Institute on Drug Abuse

Title: Examining the Role of Appraisal and Physiology in Stress-Precipitated Smoking

Role: Co-Investigator [PI: Leyro]

Period: 04/01/16-05/13/17

Budget: \$116,906

American Foundation for Suicide Prevention

Title: The Influences of Birth Cohorts on Suicide Rates in the United States

Role: Co-Investigator [PI: Julie Phillips]

Period: January 1, 2015-December 31, 2016

Total Costs: \$80,000

Brain and Behavior Foundation – NARSAD Young Investigator Grant

Title: Emotion Dysregulation and Psychophysiology in Borderline Personality Disorder and Bulimia Nervosa

Role: Principal Investigator

Period: January 15, 2013 – January 14, 2015 [No Cost Extension through January 14, 2016]

Direct Costs: \$60,000

1 F31 MH081396-01A2

National Institute of Mental Health (NIMH), National Research Service Award

Title: *Emotional and Behavioral Dysregulation in Borderline Personality Disorder*

Role: Principal Investigator [Sponsor: Thomas E. Joiner, Jr.]

Period: September 2008 – September 2010

Total Costs: \$72,392

Consulting

W81XWH-09-1-0737

Suicide Prevention and Counseling Research

Military Operational Medicine Research Program (MOMRP), Department of Defense

Title: *Optimizing Screening and Risk Assessment for Suicide Risk in the U.S. Military*

Role: Consultant [PI: Thomas E. Joiner, Jr.]

Period: July 2009-July 2011

Total Costs: \$753,160

INTRAMURAL RESEARCH SUPPORT

Completed

Charles and Johanna Busch Memorial Fund for Biomedical Research

Title: Mental and Physical (MAP) Training to Improve Cognitive Performance and Reduce Symptoms of Depression

Role: Principal Investigator (Co-PI: B. Alderman)

Period: 7/1/2013-5/1/2015

Total Costs: \$25,000

Rutgers University Faculty Research Grant Award #281707

Title: *Comfort Eating: What Works and What Doesn't*

Role: Principal Investigator

Period: 7/1/2012 – 12/31/13

Total Costs: \$47,190

PEER REVIEWED PUBLICATIONS AND CHAPTERS (N = 86)

h-index: 34; i10-index: 61 (7,151 citations, Google Scholar)

* indicates student under my supervision

In Press

*Kranzler, A., *Fehling, K. B., *Brillante, J., & **Selby, E. A.** (in press). Does self-injury hurt? Understanding the experience and potential functions of pain in self-injury. In M. Incayawar, S. Maldonado-Bouchard, & M. R. Clark (Eds.). *Overlapping pain and psychiatric syndromes*, Oxford University Press.

King, A., **Selby, E. A.**, & Rizvi, S. (in press). Emotional experiences of clients with borderline personality disorder in dialectical behavior therapy: An empirical investigation of in-session affect. *Personality Disorders: Theory, Research, & Practice*.

Nayman, S. J., Elias, M. J. E., **Selby, E. A.**, Fishman, D. B., Linsky, A. C., & Hatchimonji, D. R. (In Press). The Relationship Among Purpose Classification, Purpose Engagement, and Purpose Commitment in Low-SES and Ethnically Diverse Adolescents. *Journal of Character Education*.

2019

Bender, T., Fitzpatrick, S., Hartmann, M., Hames, J., Bodel, L., **Selby, E. A.**, & Joiner, T. E., Jr. (2019). Does it hurt to ask? An analysis of iatrogenic risk during suicide risk assessment. *Neurology, Psychiatry, and Brain Research*, 33, 73-81.

*Borges, A. M., **Selby, E.**, Bates, M., Zvolensky, M., & Leyro, T. M. (2019). Examining the relation between physiological and psychological components of stress reactivity and

recovery in cigarette smokers. *Applied Psychophysiology and Biofeedback*, 44, 131-141.

- *Coniglio K, Christensen K, Haynos A, Rienecke R, **Selby E. A.** (2019). The posited effect of positive affect in anorexia nervosa: Advocating for a forgotten piece of a puzzling disease. *International Journal of Eating Disorders*, 52, 971-976.
- *Hughes, C. D., *King, A. M., *Kranzler, A., *Fehling, K., Miller, A., Lindqvist, J., & **Selby, E. A.** (2019). Anxious and overwhelming affects and repetitive negative thinking as ecological predictors of self-injurious thoughts and behaviors. *Cognitive Therapy and Research*, 43, 88-101.
- Selby, E. A.**, *Kranzler, A., *Fehling, K., *Brillante, J., Yuan, F., Gao, X., Lindqvist, J., & Miller, A. (2019). The dynamics of pain during nonsuicidal self-injury. *Clinical Psychological Science*, 7, 302-320.
- Rated as a seminal advance in the field on F1000Prime:** Schmahl C and Hepp J: F1000Prime Recommendation of [Selby EA et al., *Clin Psychol Sci* 2018 :216770261880714]. In F1000Prime, 28 Nov 2018; [10.3410/f.734505780.793553136](https://doi.org/10.3410/f.734505780.793553136)
- Selby, E. A.**, *Panza, E., & *Plascencia, M. (2019). Positive emotion dysregulation and eating disorders. In J. Gruber (Ed.). *Oxford Handbook of Positive Emotion and Psychopathology*, Oxford University Press.

2018

- Brush, C. J., Ehmann, P. J., Hajcak, G., **Selby, E. A.**, & Alderman, B. L. (2018). Depression symptom severity moderates neural responses to reward over time. *Biological Psychiatry: Cognitive Neuroscience and Neuroimaging*, 3, 1032-1039.
- *Kranzler, A., *Fehling, K., *Brillante, J., Yuan, F., Gao, X., Lindqvist, J., Miller, A., & **Selby, E. A.** (2018). An ecological investigation of the emotional context surrounding nonsuicidal self-injurious thoughts and behaviors in adolescents and young adults. *Suicide and Life-Threatening Behavior*, 48, 149-159.
- Sachs-Ericsson, N., Hajcak, G., Sheffler, J. L., Stanley, I. H., **Selby, E. A.**, & Steffens, D. C. (2018). Putamen volume difference among older adults: Depression status, melancholia, and age. *Journal of Geriatric Psychiatry and Neurology*, 31, 39-49.

2017

- Anestis, M. D., **Selby, E. A.**, Butterworth, S. E. (2017). Rising longitudinal trajectories in suicide rates: The role of firearm suicide rates and firearm legislation. *Preventative Medicine*, 100, 159-166.
- Buchman-Schmitt, J. M., Chu, C., Michaels, M. S., Hames, J. L., Silva, C., Hagan, C. R., Ribeiro, J. D., **Selby, E. A.**, & Joiner, T. E. (2017). The role of stressful life events preceding death by suicide: Evidence from two samples of suicide decedents. *Psychiatry Research*, 256, 345-352.
- Sachs-Ericsson, N., Sheffler, J., **Selby, E. A.**, Stanley, I., & Joiner, T. E. (2017). Non-violent and violent forms of childhood abuse in the prediction of suicide attempts: Direct or

indirect effects through psychiatric disorders? *Journal of Affective Disorders*, 215, 12-22.

2016

- Braithwaite, S., **Selby, E. A.**, & Fincham, F. (2016). Trait forgiveness and enduring vulnerabilities: Neuroticism and catastrophizing influence relationship satisfaction via less forgiveness. *Personality and Individual Differences*, 94, 237-246.
- Jungmann, S. M., Vollmer, N., **Selby, E. A.**, & Witthoft, M. (2016). Understanding dysregulated behaviors and compulsions: An extension of the emotional cascade model and the mediating role of intrusive thoughts. *Frontiers in Psychology*, 29, 994.
- *Kranzler, A., *Fehling, K., Anestis, M., & **Selby, E. A.** (2016). Emotion dysregulation, internalizing symptoms, and self-injurious behavior: Structural equation modeling analysis. *Death Studies*, 40, 358-366.
- *Kranzler, A., Young, J., Hankin, B., & **Selby, E. A.** (2016). Emotional awareness: A transdiagnostic predictor of depression and anxiety for children and adolescents. *Journal of Clinical Child and Adolescent Psychology*, 45, 262-269.
- Selby, E. A.** (2016). *Self-Injury in adolescents and adults*. In Western Schools Continuing Education Series. Boston, MA: Western Schools Publishing.
- Selby, E. A.**, *Fehling, K., *Panza, E., & *Kranzler, A. (2016). Rumination, mindfulness, and borderline personality disorder symptoms. *Mindfulness*, 7, 228-235.
- Selby, E. A.**, *Kranzler, A., *Panza, E., & *Fehling, K. B. (2016). Bidirectional-compounding effects of rumination and negative emotion in predicting impulsive behavior: Implications for emotional cascades. *Journal of Personality*, 84, 139-153
- Yen, S., Kuehn, K., Melvin, C., Weinstock, L. M., Andover, M., **Selby, E. A.**, Solomon, J., & Spirito, A. (2016). Predicting persistence of self-harm behavior in an adolescent inpatient sample. *Suicide and Life-Threatening Behavior*, 46, 13-22.

2015

- Alderman, B. L., Olson, R. L., Bates, M. E., **Selby, E. A.**, Buckman, J. F., Brush, C. J., *Panza, E., *Kranzler, A., Eddie, D., & Shors, T. J. (2015). Rumination in major depressive disorder is associated with impaired neural activation during conflict monitoring. *Frontiers in Human Neuroscience*, 9, 269.
- Anestis, M. D., Bryan, C. J., Kay, A. M., Law, K. C., Hagan, C. R., Bryan, A. O., Chu, C., Michaels, M. S., **Selby, E. A.**, Klonsky, E. D., & Joiner, T. E. (2015). Dangerous words? An experimental investigation of the impact of detailed reporting about suicide on subsequent attempt risk. *Journal of Clinical Psychology*, 71, 1031-1041.
- Anestis, M. D., & **Selby, E. A.** (2015). Grit and perseverance in suicidal behavior and non-suicidal self-injury. *Death Studies*, 39, 211-218.
- Hames, J., Chiurliza, B., Podlogar, M. C., Anestis, M. D., **Selby, E. A.**, & Joiner, T. E. (2015). Perceived burdensomeness and thwarted belongingness predict excessive reassurance seeking among clinical outpatients. *Journal of Clinical Psychology*, 71, 597-605.

- Mann, S. L., **Selby E. A.**, Bates, M. E., & Contrada, R. J. (2015). Integrating affective and cognitive correlates of heart rate variability: A structural equation modeling approach. *International Journal of Psychophysiology*, 98, 76-86.
- Martino, F., Caselli, G., Berardi, D., Fiore, F., Marino, E., Menchetti, M., Prunetti, E., Ruggiero, G. M., Sasdelli, A., **Selby, E.**, & Sassaroli, S. (2015). Anger rumination and aggressive behaviour in borderline personality disorder. *Personality and Mental Health*, 9, 277-287.
- Selby, E. A.**, Cornelius, T., *Fehling, K., *Kranzler, A., *Panza, E. A., Lavender, J., Wonderlich, S., Crosby, R., Engel, S., Mitchell, J., Crow, S., Peterson, C., & Le Grange, D. (2015). A perfect storm: Examining the synergistic effects of negative and positive emotional instability on promoting weight loss activities in anorexia nervosa. *Frontiers in Psychology*, 6, 1260.
- Selby, E. A.**, & Gardner, K. (2015). A latent profile analysis of suicidal and self-injurious behavior, other dysregulated behaviors, and borderline personality disorder symptoms. *Journal of Experimental Psychopathology*, 6, 356-368.
- Selby, E. A.**, *Kranzler, A., *Fehling, K. B., & *Panza, E. (2015). Nonsuicidal self-injury disorder: The path to diagnostic validity and final obstacles. *Clinical Psychology Review*, 38, 79-91.

2014

- Gardner, K., Dodsworth, J., & **Selby, E. A.** (2014). Borderline personality disorder, rumination and self-injurious behaviour: An empirical test of the emotional cascade model in adult male offenders. *Journal of Forensic Psychology Practice*, 5, 398-417.
- Ribeiro, J. D., Witte, T. K., Van Orden, K. A., **Selby, E. A.**, Gordon, K. H., Bender, T. W., & Joiner, T. E. (2014). Fearlessness about death: The psychometric properties and construct validity of the revision to the acquired capability for suicide scale. *Psychological Assessment*, 26, 115-126.
- Sachs-Ericsson, N., Hames, J. L., Joiner, T. E., Corsentino, E., Rushing, N., Palmer, E., Gotlib, I. H., **Selby, E. A.**, Zarit, S., & Steffens, D. C. (2014). Differences between suicide attempters and non-attempters in depressed older patients: Depression severity, white matter lesions, and cognitive functioning. *American Journal of Geriatric Psychiatry*, 22, 75-85.
- Sachs-Ericsson, N., Moxley, J. H., Corsentino, E., Rushing, N. C., Sheffler, J., **Selby, E. A.**, Gotlib, I., & Steffens, D. C. (2014). Melancholia in later-life: Late and early onset differences in presentation, course and dementia risk. *International Journal of Geriatric Psychiatry*, 29, 943-951.
- Sachs-Ericsson, N., **Selby, E. A.**, Hames, J. L., Joiner, T. E., Fingerman, K. L., Zarit, S. H., Birditt, K. S., & Hilt, L. M. (2014). Transmission of parental neuroticism to offspring's depression: The mediating role of rumination. *Personality and Mental Health*, 8, 306-319.
- Selby, E. A.** (2014). Clinician's quick guide to the DSM-5. *Western Schools Continuing Education Series*. Boston, MA: Western Schools Publishing.

- Selby, E. A.** (2014). Binge eating disorder: Clinical considerations. *Continuing Education Series*. Boston, MA: Western Schools Publishing.
- Selby, E. A.**, *Kranzler, A., & *Panza, E. (2014). The development of emotional cascades in borderline personality disorder. In J. L. Tackett, & C. Sharp (Eds.). *Handbook of Borderline Personality Disorder in Children and Adolescents*. New York: Springer.
- Selby, E. A.**, Nock, M. K., & Kranzler, A. (2014). How does self-injury feel? Examining automatic positive reinforcement in adolescent self-injurers with experience sampling. *Psychiatry Research*, *215*, 417-423.
- Selby, E. A.**, Joiner, T. E., Jr., & Ribeiro, J. D. (2014). Comprehensive theoretical models of suicidal behaviors. In M. K. Nock (Ed.). *Oxford Handbook of Suicide and Self-Injury*. Oxford University Press.
- Selby, E. A.**, Wonderlich, S. A., Crosby, R. D., Engel, S. G., *Panza, E., Mitchell, J. E., Crow, S. J., Peterson, C. B., & le Grange, D. (2014). Nothing tastes as good as thin feels: Low positive emotion differentiation and weight loss activities in anorexia nervosa. *Clinical Psychological Science*, *2*, 514-531.
- Selby, E. A.**, & Yen, S. (2014). 6-month trajectory of suicidal ideation in adolescents with borderline personality disorder. *Suicide and Life-Threatening Behavior*, *44*, 89-100.
- Shors, T. J., Olson, R. L., Bates, M. E., **Selby, E. A.**, & Alderman, B. L. (2014). Mental and Physical (MAP) Training: A neurogenesis-inspired intervention that enhances health in humans. *Neurobiology of Learning and Memory*, *115*, 3-9.
- Wells, T., Vanderlind, W. M., **Selby, E. A.**, & Beevers, C. (2014). Childhood abuse and vulnerability to depression: Cognitive scars in otherwise healthy young adults. *Cognition and Emotion*, *28*, 821-833.

2013

- Sachs-Ericsson, N., Corsentino, E., Moxley, J., Hames, J. L., Rushing, N. C., Sawyer, K., Joiner, T., **Selby, E. A.**, Zarit, S., Gotlib, I. H., & Steffens, D. C. (2013). A longitudinal study of differences in late and early onset geriatric depression: Depressive symptoms and psychosocial, cognitive, and neurological functioning. *Aging and Mental Health*, *17*, 1-11.
- Selby, E. A.** (2013). Chronic sleep disturbances and borderline personality disorder symptoms. *Journal of Consulting and Clinical Psychology*, *81*, 941-947.
- Selby, E. A.**, Franklin, J., *Carson-Wong, A., & Rizvi, S. L. (2013). Emotional Cascades and Self-Injury: Investigating Instability of Rumination and Negative Emotion. *Journal of Clinical Psychology*, *69*, 1213-1227.
- Selby, E. A.**, & McHugh, R. K. (2013). Borderline personality disorder symptoms and treatment seeking over the past 12-months: An investigation using the National Comorbidity Survey – Replication (NCS-R). *Journal of Clinical Psychiatry*, *74*, 126-128.
- Selby, E. A.**, & Joiner, T. E., Jr. (2013). Emotional cascades as prospective predictors of dysregulated behaviors in borderline personality disorder. *Personality Disorders: Theory, Research, & Treatment*, *4*, 168-174.

(Article highlighted in the January 2013 Issue of *Clinician's Research Digest*)

- Selby, E. A.**, Ribeiro, J., & Joiner, T. E. (2013). What dreams may come: Emotional cascades and nightmares in borderline personality disorder. *Dreaming*, 23, 126-144.
- Selby, E. A.**, Yen, S., & Spirito, A. (2013). Time Varying Prediction of Suicidal Ideation in Adolescents: Weekly Ratings over Six Month Follow-Up. *Journal of Clinical Child and Adolescent Psychology*, 42, 481-495.
- *Ward, A., Bender, T. W., Gordon, K. H., Nock, M. K., Joiner, T. E., & **Selby, E. A.** (2013). Post-therapy functional impairment as a treatment outcome measure in non-suicidal self-injury (NSSI) disorder using archival data. *Personality and Mental Health*, 7, 69-79.
- Yen, S., Weinstock, L., Andover, M., Sheets, E., **Selby, E. A.**, & Spirito, A. (2013). Prospective predictors of adolescent suicidality: Six month post hospitalization follow-up. *Psychological Medicine*, 43, 983-993.
- *Yu, J., & **Selby, E. A.** (2013). Interpersonal problems and negative affective instability in binge eating. *Journal of Social and Clinical Psychology*, 32, 465-481.

2012

- Anestis, M. D., Fink, E. L., Bender, T. **Selby, E. A.**, Smith, A., Witte, T., & Joiner, T. E. (2012). Painful and provocative events account for the relationship between negative urgency and suicidality. *Personality and Mental Health*, 6, 138-146.
- Hames, J. L., **Selby, E. A.**, Werner, J., Bonds, L., & Joiner, T. E. (2012). Recapturing the way history felt: Evaluating the invariance of the factor structure of emotion over two historical epochs. *Personality and Individual Differences*, 52(5), 652-655.
- Sachs-Ericsson, N., Keel, P. K., Holland, L., **Selby, E. A.**, Verona, E., Cogle, J. R., & Palmer, E. (2012). Parental disorders, childhood abuse, and binge eating in a large community sample. *International Journal of Eating Disorders*, 45, 316-325.
- Sachs-Ericsson, N., **Selby, E. A.**, Corsentino, E., Collins, N., Sawyer, K., Hames, J., Arce, D., Joiner, T. E., & Steffens, D. C. (2012). Depressed older patients with the atypical features of interpersonal rejection sensitivity and non-vegetative symptoms are similar to younger atypical patients. *American Journal of Geriatric Psychiatry*, 20, 622-634.
- Selby, E. A.**, Bender, T. W., Gordon, K. H., Nock, M. K., & Joiner, T. E. (2012). Non-suicidal self-injury (NSSI) disorder: A preliminary study. *Personality Disorders: Theory, Research, & Treatment*, 3, 167-175.
- Selby, E. A.**, Doyle, P., Wonderlich, S., Crosby, R., Engel, S., & Mitchell, J. (2012). Momentary emotion surrounding bulimic behaviors in women with bulimia nervosa and borderline personality disorder. *Journal of Psychiatric Research*, 46, 1492-1500.

(Article highlighted in the January 2013 Issue of *Clinician's Research Digest*)

2011

- Anestis, M. D., Bender, T. W., **Selby, E. A.**, Ribeiro, J. D., & Joiner, T. E., Jr. (2011). Sex and emotions in the acquired capability for suicide. *Archives of Suicide Research*, 15(2), 172-182.

- Braithwaite, S. R., **Selby, E. A.**, & Fincham, F. D. (2011). Forgiveness and relationship satisfaction: Mediating mechanisms. *Journal of Family Psychology*, *24*(4), 551-559.
- Ribeiro, J. D., Bender, T. W., **Selby, E. A.**, Hames, J., & Joiner, T. E. (2011). Development and validation of a brief self-report measure of agitation: The Brief Agitation Measure. *Journal of Personality Assessment*, *93*, 597-604.
- Timmons, K. A., **Selby, E. A.**, Lewinsohn, P., & Joiner, T. E., Jr. (2011). Displacement, burdensomeness, and belongingness in youth suicidal behavior. *Journal of Clinical Child and Adolescent Psychology*, *40*, 807-817.

2010

- Anestis, M. D., Fink, E., Smith, A., **Selby, E. A.**, & Joiner, T. E., Jr. (2010). Eating Disorders. In M. Zvolensky, A., Bernstein, & A. Vujanovic (Eds.). *Distress Tolerance: Theory, Research, and Clinical Applications*. New York: Guilford.
- Anestis, M. D., **Selby, E. A.**, Crosby, R. D., Wonderlich, S. A., Engel, S. G., & Joiner, T. E. (2010). A comparison of retrospective self-report versus ecological momentary assessment measures of affective lability in the examination of its relationship with bulimic symptomatology. *Behaviour Research and Therapy*, *48*(7), 607-613.
- Fink, E. L., Anestis, M. D., **Selby, E. A.**, & Joiner, T. E. (2010). Negative urgency fully mediates the relationship between alexithymia and dysregulated behaviors. *Personality and Mental Health*, *4*, 284-293.
- Gordon, K. H., **Selby, E. A.**, Anestis, M. D., Bender, T. W., Witte, T. K., Braithwaite, S. R., Van Orden, K. A., Bresin, K., & Joiner, T. E., Jr. (2010). The reinforcing properties of repeated deliberate self-harm. *Archives of Suicide Research*, *14*, 329-341.
- Selby, E. A.**, Anestis, M. D., Bender, T. W., Ribeiro, J. D., Nock, M. K., Rudd, M. D., Bryan, C. J., Lim, I. C., Baker, M. T., Gutierrez, P. M., & Joiner, T. E., Jr. (2010). Overcoming the fear of lethal injury: Evaluating suicide in the military through the lens of the interpersonal-psychological theory of suicide. *Clinical Psychology Review*, *30*, 298-307.
- Selby, E. A.**, Bulik, C. M., Thornton, L., Brandt, H. A., Crawford, S., Fichter, M. M., Halmi, K. A., Jacoby, G. E., Johnson, C. L., Jones, I., Kaplan, A. S., Mitchell, J. E., Nutzinger, D. O., Strober, M., Treasure, J., Woodside, D. B., Kaye, W. H., & Joiner, T. E., Jr. (2010). Refining behavioral dysregulation in borderline personality disorder with a sample of women diagnosed with anorexia nervosa. *Personality Disorders: Theory, Research, and Treatment*, *1*(4), 250-257.
- Selby, E. A.**, *Connell, L. D., & Joiner, T. E., Jr. (2010). The pernicious blend of rumination and fearlessness in non-suicidal self-injury. *Cognitive Therapy and Research*, *34*(5), 421-428.
- Selby, E. A.**, Smith, A., Bulik, C. M., Olmsted, M. P., Thornton, L., McFarlane, T. L., Berrettini, W. H., Brandt, H. A., Crawford, S., Fichter, M. M., Halmi, K. A., Jacoby, G. E., Johnson, C. L., Jones, I., Kaplan, A. S., Mitchell, J. E., Nutzinger, D. O., Strober, M., Treasure, J., Woodside, D. B., Kaye, W. H., & Joiner, T. E., Jr. (2010). Habitual Starvation and

Provocative Behaviors: Two Routes to Extreme Suicidal Behavior in Anorexia Nervosa. *Behaviour Research and Therapy*, 48(7), 634-645.

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Van Orden, K. A., Witte, T. K., Cukrowicz, K. C., Braithwaite, S. R., **Selby, E. A.**, & Joiner, T. E., Jr. (2010). The interpersonal theory of suicide. *Psychological Review*, 117(2), 575-600.

2009

Anestis, M. D., Anestis, J. C., **Selby, E. A.**, & Joiner, T. E. (2009). Anger rumination across forms of aggression. *Personality and Individual Differences*, 46, 192-196.

Joiner, T. E., Jr., Van Orden, K. A., Witte, T.K., **Selby, E. A.**, Ribiero, J. D., Lewis, R., & Rudd. M. D. (2009). Main predictions of the interpersonal-psychological theory of suicidal behavior: Empirical tests in two samples of young adults. *Journal of Abnormal Psychology*, 118(3), 634-646.

Selby, E. A., Anestis, M. D., Bender, T. W., & Joiner, T. E. (2009). An exploration of the emotional cascade model in borderline personality disorder. *Journal of Abnormal Psychology*, 118(2), 375-387.

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Selby, E. A., & Joiner, T. E., Jr. (2009). Cascades of emotion: The emergence of borderline personality disorder from emotional and behavioral dysregulation. *Review of General Psychology*, 13(3), 219-229.

(Rated the #3 article downloaded from Review of General Psychology Oct.-Dec. 2009 – ScienceDirect)

Selby, E. A., & Joiner, T. E., Jr. (2009). Ethnic variations in the structure of borderline personality disorder symptomatology. *Journal of Psychiatric Research*, 43, 115-123.

2008

Selby, E. A., Anestis, M. D., & Joiner, T. E. (2008). Understanding the connection between emotional and behavioral dysregulation: Emotional cascades. *Behaviour Research and Therapy*, 46(5), 593-611.

Selby, E. A., Braithwaite, S. R., Joiner, T. E., & Fincham, F. D. (2008). Features of borderline personality disorder, childhood emotional invalidation, and dysfunction within current romantic relationships. *Journal of Family Psychology*, 22(6), 885-893.

Van Orden, K. A., Witte, T. K., **Selby, E. A.**, Bender, T. W., & Joiner, T. E. (2008). Suicidal behavior in youth. In J. R. Z. Abela & B. L. Hankin (Eds.). *Depression in Children and Adolescents: Causes, Treatment, and Prevention*. New York: Guilford.

2007

- Anestis, M. D., **Selby, E. A.**, Fink, E., & Joiner, T. E. (2007). The multifaceted role of distress tolerance in dysregulated eating behaviors. *International Journal of Eating Disorders*, *40*, 718-726.
- Anestis, M. D., **Selby, E. A.**, & Joiner, T. E. (2007). The role of urgency in maladaptive behaviors. *Behaviour Research and Therapy*, *45*, 3018-3029.
- Joiner, T. E., Sachs-Ericsson, N. J., Wingate, L. R., Brown, J. S., Anestis, M. D., & **Selby, E. A.** (2007). Childhood physical and sexual abuse and lifetime number of suicide attempts: A persistent and theoretically important relationship. *Behaviour Research and Therapy*, *45*(3), 539-547.
- Selby, E. A.**, Anestis, M. D., & Joiner, T. E. Jr. (2007). Daydreaming about death: Violent daydreaming as a form of emotion dysregulation in suicidality. *Behavior Modification*, *31*(6), 867-879.

PUBLISHED ABSTRACTS

- Alderman, B. L., Olson, R. L., **Selby, E. A.**, Bates, M. E., Buckman, J. F., & Shors, T. J. (2014). Rumination in major depressive disorder is associated with impairments in ERP correlates of inhibitory cognitive control. *Psychophysiology*, *51*, S77.

MANUSCRIPTS IN PROGRESS

- *Chang, C., *Fehling, K., & Selby, E. A. (under review). Sexual minority status and suicide attempt status: A serial mediational model of emotion dysregulation and social support. *Suicide and Life-Threatening Behavior*.
- *Cornelius, T., **Selby, E. A.**, & Gorin, A. (under review). Compensating for calories from alcohol consumption: The role of sexualization. Target Journal: *European Eating Disorders Review*.
- *Fehling, K., & **Selby, E. A.** (in preparation). Internalized homophobia, minority stress, and suicidal and non-suicidal self-injurious behavior among sexual minority adults. Target Journal: *Behavior Research and Therapy*.
- Fitzpatrick, S., *Kranzler, A., *Fehling, K., & **Selby, E. A.** (in preparation): Self-injury impulse latency and self-injury probability in an ecological momentary assessment study. Target Journal: *Psychiatry Research*.
- Gardner & **Selby, E. A.** (under review). Refining the structure and phenotypical clustering of borderline personality disorder symptoms. Target Journal: *Journal of Personality Disorders*.

- *Panza, E. & **Selby, E. A.** (under review). Emotion dysregulation and binge eating among sexual minority women. Health Psychology.
- *Panza, E., Tomiyama, J., & **Selby, E. A.** (in preparation). Psychological and emotional effects of comfort eating in response to stress. Target Journal: International Journal of Cognitive Therapy.
- *Panza, E., *Fehling, K., *Omar, Y., & **Selby, E. A.** (in preparation). Validation of a momentary measure of rumination in two samples. Target Journal: Cognitive Therapy and Research.
- *Plascencia, M., & **Selby, E. A.** (in preparation). The pros of anorexia in “pro-ana” website users: Does endorsement of positive aspects of anorexia predict symptomatology? Target Journal: Eating Behaviors.
- Selby, E. A.**, Lindqvist, J., *Fehling, K., *Brillante, J., & Miller, A. (under review). Criterion validation of non-suicidal self-injury disorder using experience sampling with adolescent and young adults. Target Journal: Journal of Consulting and Clinical Psychology.
- Selby, E. A.**, Panza, E., Fehling, K., Kranzler, A., & Omar, Y. (in preparation). Validation of the Emotional Cascade Assessment Measure in five multi-method samples. Target Journal: Psychological Assessment.
- Selby, E. A.** & *Coniglio, K. (in preparation). The Positive Emotional Amplification Model of Anorexia Nervosa. Target Journal: Psychological Review.
- Selby, E. A.**, *Panza, E., *Fehling, K., *Omar, Y., *Hoyt, K., *Dodson, S., *Karikhalli, N., & *Manuel, A. (in preparation). A transdiagnostic examination of experimentally-induced rumination in borderline personality disorder, bulimia nervosa, and major depression. Target Journal: Journal of Abnormal Psychology.
- Selby, E. A.**, *Plascencia, M., *Panza, E., *Fehling, K., *Omar, Y., *Hoyt, K., *Dodson, S., *Karikhalli, N., & *Manuel, A. (in preparation). Linguistic analysis of body image and shape concerns in relation to emotional reactivity in bulimia nervosa. Target Journal: International Journal of Eating Disorders.

OTHER PUBLICATIONS

- Selby, E. A.** (2009-2014). Overcoming Self-Sabotage: Understanding and Regulating Destructive Behaviors.
- Professional Blog maintained for the magazine *Psychology Today*.

Selby, E. A. (2011). Self-Sabotage. Invited cover story for the magazine *Psychology Today*.

INVITED PRESENTATIONS

Keynote Address, 2nd Annual Health & Wellness Summit, Rutgers University (June, 2019)

Rising Star Showcase. Association for Psychological Science, Boston, MA (May, 2017).
Children's Specialized Hospital, Mountainside, NJ (May, 2016).

Yeshiva University, Department of Psychology (October, 2015).

New Jersey Center for Tourette Syndrome and Associated Disorders (September, 2015).

Princeton University Healthcare System Grand Rounds (August, 2015).

Brain and Behavior Research Foundation Global Webinar Series (July, 2015). – Over 1,000 registered attendees

National Education Alliance for Borderline Personality Disorder (March, 2015).

Families for Borderline Personality Disorder Research and Brain and Behavior Research Foundation Parlor Social Event for Families and Donors (November, 2014), New York City.

Nova Southeastern University (June, 2014), Center for Psychological Services, Ft. Lauderdale, FL

University of Illinois – Urbana/Champaign (February, 2014), Psychology Colloquium, Department of Psychology, Champaign, IL

University of Georgia (November, 2013), Psychology Colloquium, Department of Psychology, Athens, GA.

Auburn University (November, 2013), Psychology Colloquium, Department of Psychology, Auburn, AL.

International Academy for Suicide Research (June, 2013), Young Investigator Award Research Presentation, Montréal, Québec, Canada.

Yale University (March, 2013), Clinical Psychology Colloquium, Department of Psychology, New Haven, CT.

University of Colorado at Boulder (January, 2013), Psychology Colloquium, Department of Psychology, Boulder, CO.

National Education Alliance for Borderline Personality Disorder (November, 2012).

Université Concordia (December, 2010), Psychology Colloquium, Department of Psychology, Montréal, Québec, Canada.

University of Nevada – Las Vegas (December, 2010), Psychology Colloquium, Department of Psychology, Las Vegas, NV.

Rutgers, The State University of New Jersey (November, 2010), Psychology Colloquium, Department of Psychology, New Brunswick, NJ.

Florida State University (April, 2010), Department of Psychology, Celebration of Graduate Student Research Day, Tallahassee, FL.

Florida Borderline Personality Disorder Association (October, 2009), Keynote Address, 2nd Annual Conference, St. Petersburg, FL.

Neuropsychiatric Research Institute (June, 2009), Fargo, ND.

Florida State University (December, 2006), Department of Sociology, Tallahassee, FL.

CONFERENCE PRESENTATIONS

2019

*Chang, C. Fehling, K., & Selby, E. A. (2019) Sexual Minority Status and Psychological Risk for Suicide Attempt: A Serial Multiple Mediation of Social Support and Emotion Regulation. Association for Psychological Science, Washington, D.C.

2018

*Hughes, C., *King, A. Kranzler, A., *Fehling, K. B., Lindqvist, J., & **Selby, E. A.** (2018, November). Cognitive and affective precipitants of nonsuicidal self-injurious thoughts and behaviors: The role of momentary negative affect and repetitive negative thinking. In Sarah Victor (Chair), Ecological momentary assessment of self-injurious thoughts and behaviors: Identifying near-term risk factors in daily life. Symposium conducted at the annual meeting for the Association of Behavioral and Cognitive Therapies. Washington, D.C.

2016

*Omar, Y., *Fehling, K., *Panza, E., *Brillante, J., *Kranzler, A., Lindqvist, J., & **Selby, E. A.** (2016, October). Smoking and rumination are longitudinally associated in adolescents and young adults who self-injure. Presentation to be made at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

*Panza, E., *Omar, Y., *Kranzler, A., *Fehling, K. B., *Plasencia, M., *Dodson, S., *Hoyt, K., Lindqvist, J., & **Selby, E. A.** (2016, October). *Examining the relation between interpersonal conflict and disordered eating behaviors among individuals who self-injure.* Presentation to be made at the Association for Behavioral and Cognitive Therapies (ABCT), NYC, NY.

*Plasencia, M., *Panza, E., *Fehling, K., *Omar, Y., & **Selby, E. A.** (2016, October). *The pros of anorexia in “pro-ana” website users: Does endorsement of positive aspects of anorexia predict symptomatology?* Presentation to be made at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

Selby, E. A., *Kranzler, A., *Fehling, K., *Brillante, J., Lindqvist, J., & Miller, A. (2016, October). *Ecological momentary assessment study of the emotional features of nonsuicidal self-injury disorder.* Symposium to be presented at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

2015

*Hernandez, M. & **Selby, E.A.** (August, 2015). *Healthcare insurance access and understanding of medical insurance among Rutgers Students.* McNair Summer Annual Research Symposium, New Brunswick, NJ.

*Kranzler A., *Fehling, K.B., & **Selby E. A.** (2015, November). *An Ecological Momentary Assessment Study of Nonsuicidal Self-injury Among Adolescents and Young Adults.* Symposium paper presented at the 49th Annual Conference of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

*Kranzler A., *Fehling, K.B., & **Selby E. A.**, (2015, November). *The Role of Positive Emotion in Nonsuicidal Self-Injury.* Symposium paper presented at the 49th Annual Conference of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

*Panza, E., *Fehling, K.B., *Hoyt, K., *Dodson, S., *Giles, M., *Dashow, A., & **Selby, E.A.** (2015, November). Does comfort eating work? An empirical examination of the emotional and psychophysiological functions of comfort eating. In Racine SE & Chen E (Chairs), Psychophysiology measurement of transdiagnostic

constructs with relevance to eating disorders. Symposium to be presented at the Association for Behavioral and Cognitive Therapies (ABCT) Annual Meeting, Chicago, IL.

*Panza, E., *Fehling, K.B., *Hoyt, K., *Dodson, S., *Giles, M., *Kranzler, A., *Dashow, A., & **Selby, E.A.** (2015, November). Elevated state rumination after stress increases the negative reinforcement function of food. In Ameral V & Treadway M (Chairs), Innovative translational research on reinforcement processes: Connecting basic lab research to inform clinical interventions. Symposium to be presented at the Association for Behavioral and Cognitive Therapies (ABCT) Annual Meeting, Chicago, IL.

2014

Anestis, M. D., & **Selby, E. A.** (2014, April). *Lethal pursuit: The importance of persistence in suicidal behavior*. Presentation at the Annual Convention for the American Association of Suicidology, Los Angeles, CA.

Anestis, M. D., Bryan, C. J., May, A. M., Law, K. C., Hagan, C. R., Khazem, L. R., Magbuhat, A. D., Chu C., Bryan, A. O., Theriault, J., Lotze, N., Smith, H. A., Klonsky, D., **Selby, E. A.**, & Joiner, T. E. (2014, April). *Dangerous words? Examining the impact of detailed reporting about suicide*. Presentation at the Annual Convention for the American Association of Suicidology, Los Angeles, CA.

*Han, M. & **Selby, E. A.** (2014, May). Grit and distress tolerance in protection from depressive symptoms. Presentation at the Annual Convention for the Association for Psychological Science, San Francisco, CA.

Selby, E.A., Cornelius, T., **Fehling, K.B.**, Kranzler, A., Panza, E., Lavender, J., Wonderlich, S.A., Crosby, R.D., Engel, S.G., Mitchell, J.E., Crow, S.J., Peterson, C.B., Le Grange, D. (2014). *A Perfect Storm: Examining the Synergistic Effects of Negative and Positive Emotional Instability on Promoting Weight Loss Activities and in Anorexia Nervosa*, as part of the Symposium “Positive Emotion and Reward Dysregulation Across Psychopathology: Multimethod Approached and Implications for Treatment,” presented at the 48th Annual Conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, November 20-23, 2014.

Selby, E.A., Rizvi, S., Lindqvist, J., Yen, S., Kranzler, A., Panza, E., Fehling, K.B. (2014). *Mobilizing Technology to Enhance CBT: Using Smartphone Delivery Systems for Assessment, Intervention, and Prevention*, symposium presented at the 48th Annual Conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, November 20-23, 2014.

Selby, E. A., Bates, M., Eddie, D., Alderman, B., & Shors, T. (2014, February). *Bringing neuroscience into addiction treatment through behavioral interventions*. Presentation given at the American Psychological Association Collaborative Perspectives on Addiction Conference, Atlanta, GA.

2013

*Kranzler A., Young J. F., Hankin, B. L., Abela, J. R. Z., Elias, M. J., **Selby, E. A.** (2013, November). *Emotional Awareness: A Transdiagnostic Factor in Anxiety and Depressive Symptoms among Youth?* Invited talk given at the Child and Adolescent Anxiety Special Interest Group meeting at the Association for Behavioral and Cognitive Therapies, Nashville, TN

Selby, E. A. (November). *Low positive emotion differentiation and Anorexia*. Presentation at the Annual Convention of the Association for Cognitive and Behavioral Therapies, Nashville, TN.

Selby, E. A., *Panza, E., *Kranzler, A. (2013, June). *Comparing problems in emotion dysregulation in those with self-injury, disordered eating, and comorbid symptoms*. Presentation at the Annual International Society for the Study of Self-Injury Conference in Vancouver, BC, Canada.

Selby, E.A., Wonderlich, S.A., Crosby, R., Engel, S.G., **Panza, E.**, Mitchell, J., Crow, S., Peterson, C.B. Yu, J., Smith, A.R., Rancourt, D. (2013, November). *Low positive emotion differentiation and Anorexia*. Symposium presented at the Association for Behavioral and Cognitive Therapies (ABCT) Annual Meeting, Nashville, TN.

Shors, T. J., Olson, R., **Selby, E. A.**, *Kranzler, A., *Panza, E., Anderson, M., Loisel, R., Tammineedi, P., Eddie, D., Bates, M., & Alderman, B. (June). *Mind does matter: Using mental and physical skills (MAP) training to enhance brain health and human happiness*. Symposium to be presented at the Mind & Life Institute Summer Research Institute, Garrison, NY.

2012

- Selby, E. A.** (November). *How does self-injury feel? Data from an adolescent experience sampling study.* Presentation at the Annual Convention of the Association for Cognitive and Behavioral Therapies, National Harbor, MD.
- Selby, E. A.** (September). *What dreams may come: Emotional cascades and nightmares in borderline personality disorder.* Presentation at the Annual European Association for Behavioral and Cognitive Therapies (EABCT) Conference in Geneva, Switzerland.
- Selby, E. A.** (August). *Changing emotion dysregulation – A treatment development perspective.* Discussant for a clinical symposium presented at the Annual American Psychological Association Convention in Orlando, Florida.
- Selby, E. A.** (April). *Using technology to enhance the treatment of borderline personality disorder.* Presentation at the Annual Conference for Enhancing Technology in Clinical Practice in New Brunswick, New Jersey.

2011

- Loch, N., Hiller, W., **Selby, E. A.**, & Witthoeft, M. (September). *Intrusions may fuel emotional cascades and subsequent dysregulated behavior.* Presentation given at the Annual European Association for Behavioral and Cognitive Therapies (EABCT) Conference in Reykjavik, Iceland.
- Selby, E. A.**, & Yen, S. (November). *Dynamically assessing suicidal ideation post-hospitalization in high risk adolescents.* Presentation in the Emotion Dysregulation and Suicidality Symposium at the 45th Annual Association for Behavioral and Cognitive Therapies in Toronto, Ontario, Canada.

2009

- Selby, E. A.**, Bender, T. W., Gordon, K. H., & Joiner, T. E. (November). *Non-suicidal Self-Injury (NSSI) Disorder: Separate affliction or subclinical variant of borderline personality disorder?* Paper presented as part of a seminar on New Conceptual and Methodological Approaches to the Study of Self-Injury at the 43rd Annual Association for Behavioral and Cognitive Therapies, New York City, New York.

2007

- Gordon, K. H., **Selby, E. A.**, Bender, T. W., Anestis, M. D., Braithwaite, S. R., Witte, T. K. & Joiner, T.E. (November). *The reinforcing properties of non-suicidal self-injurious behavior.* Seminar presentation and discussion at the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.

CONFERENCE POSTERS

2019

- Coniglio, K., Panza, E., Fehling, K., Dodson, S., & **Selby, E. A.** (2019, March). *Physiological reactivity speaks louder than words: Comparing heart rate and heart rate variability with self-report data among individuals with bulimia nervosa following rumination induction.* Poster to be presented at the 2019 International Conference on Eating Disorders, New York, NY.
- *Panza, E., Olson, K., Fehling, K.B., Dodson, S., **Selby, E.A.**, and Wing, R.R. (2019). State versus trait body dissatisfaction: Disentangling influence on eating behaviors. Poster to be presented at the Society of Behavioral Medicine (SBM) Annual Meeting, Washington, D.C., March 6-9, 2019.
- Panza, E., **Selby, E.A.**, and Wing, R.R. (2019). Lifetime and daily weight-based stigma among sexual minority women. Poster to be presented at The Obesity Society (TOS) Annual Meeting, Las Vegas, NV, November 3-7, 2019.

2018

Coniglio, K., Fehling, K., Panza E., & **Selby, E. A.** (2018). *Distinctive differences in emotion dysregulation and interpersonal problems across disorders: A transdiagnostic investigation*. Poster to be presented at the 52nd Annual Conference of the Association for Behavioral and Cognitive Therapies, Washington, DC.

2017

Fehling, K.B., Hughes, C.D., Lim, N., Borges, A.M., Plasencia, M., & **Selby, E. A.** (2016). Examining Sexual Identity's Impact on Risk for Nonsuicidal Self-Injury in Adults. Poster presented at the 51st Annual Conference of the Association for Behavioral and Cognitive Therapies, San Diego, CA, November 16-19, 2017.

2016

*Dodson, S., *Panza, E., *Omar, Y., *Fehling, K., *Kranzler, A., *Brillante, J., *Plasencia, M., Lindqvist, J., & **Selby, E. A.** (2016, October). *Nonsuicidal self-injury disorder vs. borderline personality disorder: Interpersonal functioning and affect*. Poster to be presented at the Association for Behavioral and Cognitive Therapies (ABCT), NYC, NY.

*Fehling, K., *Lim, N., *Brillante, J., *Omar, Y., *Panza, E., *Plasencia, M., & **Selby, E. A.** (2016, October). *"Invisible sexual minority" Heterosexual-identified adults report more mental health problems than exclusively heterosexual adults*. Poster to be presented at the Association for Behavioral and Cognitive Therapies (ABCT), NYC, NY.

*Omar, Y., *Fehling, K., *Panza, E., *Brillante, J., *Kranzler, A., Lindqvist, J., & **Selby, E. A.** (2016, October). *Smoking and rumination are longitudinally associated in adolescents and young adults who self-injure*. Poster to be presented at the Association for Behavioral and Cognitive Therapies (ABCT), NYC, NY.

*Omar, Y., *Fehling, K., *Panza, E., & Selby, E. A. (2016, May). Sexuality status moderates relations between perceived family support, rumination, and depression severity. Poster presented at the 28th Annual Convention of the Association for Psychological Science, Chicago, IL.

*Panza, E., *Omar, Y., *Kranzler, A., *Fehling, K. B., *Plasencia, M., **Dodson, S.**, Hoyt, K., Lindqvist, J., & **Selby, E. A.** (2016, October). *Examining the relation between interpersonal conflict and disordered eating behaviors among individuals who self-injure*. Poster to be presented at the Association for Behavioral and Cognitive Therapies (ABCT), NYC, NY.

*Plasencia, M., *Panza, E., *Fehling, K., *Omar, Y., & **Selby, E. A.** (2016, October). *The Pros of Anorexia in "Pro-Ana" Website Users: Does Endorsement of Positive Aspects of Anorexia Predict Symptomatology?* Poster to be presented at the Association for Behavioral and Cognitive Therapies (ABCT), NYC, NY.

2015

*Brillante, J., *Fehling, K.B., *Kranzler, A., *Panza, E., **Selby, E.A.** (2015). *The role of rumination in the automatic negative reinforcement function of NSSI*, poster presented at the 49th Annual Conference of the Association for Behavioral and Cognitive Therapies, Chicago, IL, November 12-15, 2015.

*Fehling, K. B., *Brillante, J., *Kranzler, A., & **Selby, E. A.** (2015). Ecological momentary changes in emotion before and after nonsuicidal self-injury with emotion regulation expectations. Poster presented at the Suicide and Self-Injury Special Interest Group poster exposition of the 49th Annual Conference of the Association for Behavioral and Cognitive Therapies, Chicago, IL, November 12-15, 2015.

*Fehling, K.B., *Kranzler, A., *Panza, E., **Selby, E.A.** (2015). *Examining the Affective and Physical Experiences Associated with Automatic Positive Reinforcement in Nonsuicidal Self-Injury*, poster presented at the 49th Annual Conference of the Association for Behavioral and Cognitive Therapies, Chicago, IL, November 12-15, 2015.

*Hoyt, K., *Panza, E., *Fehling, K., *Giles, M., & **Selby, E.A.** (2015). *Self-Reported Emotional Eating and the Comforting Effects of Food*, poster presented at the 27th Association of Psychological Science Annual Convention, New York City, NY, May 21-24, 2015.

- *Panza, E., *Hoyt, K., *Fehling, K.B., *Kranzler, A., *Omar, Y., **Selby, E.A.** (2015). *State rumination influences the negative but not positive emotional reward functions of comfort eating*, poster to be presented at the 49th Annual Conference of the Association for Behavioral and Cognitive Therapies, Chicago, IL, November 12-15, 2015.
- *Panza, E., *Omar, Y., *Hoyt, K., & **Selby, E.A.** (2015). Emotional Non-acceptance as a Predictor of Emotional Reactivity. Poster presented at the Society of Behavioral Medicine (SBM) Annual Meeting, San Antonio, TX.

2014

- *Kranzler, A., *Fehling, K., **Selby, E. A.**, Anestis, M. D. (2014, November). Examining the Relationships Among Emotion Dysregulation, Internalizing Symptoms, and Self-Injurious and Suicidal Behavior. Poster session to be presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Fehling K., *Kranzler, A., **Selby E.A.** (2014, November). An Ecological Momentary Assessment Study of the Emotions Associated With Nonsuicidal Self-Injury Among Adolescents and Young Adults. Poster session to be presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Fehling K., *Kranzler A., *Panza, E., **Selby, E. A.** (2014, November). Preliminary Validation of the Emotional Cascade Assessment Scale for Use in BPD Research. Poster session to be presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Panza, E., *Fehling, K.B., **Selby, E.A.** (2014). *Emotion Regulation Strategy Choices Across Eating Disorders in U.S. Adolescents*, poster presented at the 48th Annual Conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, November 20-23, 2014.

2013

- *Kranzler, A., **Selby, E. A.**, Young, J. F., Hankin, B. L., Abela, J. R. Z. (2013, November). Examining the prospective role of Emotional Awareness as a transdiagnostic factor in adolescent psychopathology. Poster session presented at the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- *Panza, E. Kranzler, A., Ramirez, A., & **Selby, E.A.** (2013). Limited Access to Emotion Regulation Strategies: A Predictor of Emotional Reactivity? Poster presentation at the American Psychological Association (APA) Conference, Honolulu, HA. August, 2013.
- *Panza, E., *Kranzler, A., Ramirez, A., & **Selby, E. A.** (November). Emotional clarity as a predictor of emotional reactivity. Poster to be presented at the 47th Annual Association for Behavioral and Cognitive Therapies, Nashville, Tennessee.
- *Kranzler, A., *Panza, E., Nock, M. K., & **Selby, E. A.** (August). The role of adaptive coping strategies in adolescent non-suicidal self-injury. Poster to be presented at the Annual American Psychological Association Conference, Honolulu, Hawaii.

2011

- Selby, E. A.**, & Yen, S. (March). *Longitudinal Predictors of Suicidal Ideation in Adolescent Suicide Attempters*. Poster presented at the 14th Annual Research Symposium on Mental Health Sciences, Brown University – Department of Psychiatry and Human Behavior, Providence, Rhode Island.

2010

- Braithwaite, S. R., **Selby, E. A.**, & Fincham, F. (November). *Forgiveness and relationship satisfaction: Mediating mechanisms*. Poster presented at the 44th Annual Association for Behavioral and Cognitive Therapies, San Francisco, California.
- Selby, E. A.**, Smith, A. S., Bulik, C., Thornton, L., & Joiner, T. E. (November). *Habitual starvation and provocative behaviors: Two potential routes to extreme suicidal behavior in anorexia nervosa*. Poster presented at the 44th Annual Association for Behavioral and Cognitive Therapies, San Francisco, California.

2008

Selby, E. A., Anestis, M. D., Bender, T. W., & Joiner, T.E. (November). *Emotional cascades and borderline personality disorder*. Poster presented at the 42nd Annual Association for Behavioral and Cognitive Therapies, Orlando, Florida.

2007

Selby, E. A., Anestis, M. D., Bender, T. W., & Joiner, T. E. (November). *Daydreaming about death: Violent daydreaming as a form of emotion dysregulation in suicidality*. Poster presented at the 41st Annual Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.

2006

Anestis, M. D., **Selby, E. A.**, & Joiner, T. E. (November). *The role of urgency in behavioral dysregulation*. Poster presented at the 40th Annual Convention for the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

Anestis, M. D., **Selby, E. A.**, & Joiner, T. E. (November). *Urgency as a risk factor in bulimia nervosa despite the use of positive reappraisal*. Poster presented at the 40th Annual Convention for the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

Selby, E. A., Anestis, M. D., Bender, T. W. & Joiner, T. E. (November). *Burdensomeness and belongingness mediate the relationship between depression and hopelessness*. Poster presented at the 40th Annual Convention for the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

Selby, E. A., Anestis, M. D., & Joiner, T. E. (November). *An emotion dysregulation model of bulimia nervosa*. Poster presented at the 40th Annual Convention for the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

2004

Selby, E. A. & Scott, W. D. (November). *Individuals With a History of Syndromal Depression: Affect Repair and Rumination*. Poster presented at the 38th Annual Convention for the Association for the Advancement of Behavior Therapy, New Orleans, Louisiana.

EDITORIAL ACTIVITIES

Associate Editor

International Journal of Cognitive Therapy, 2019-Present

Guest Editor:

Journal of Abnormal Psychology 2018-2019 (three manuscripts)

Consulting Editor:

Journal of Abnormal Psychology 2015-present

Journal of Clinical Child and Adolescent Psychology 2013-present

Suicide and Life-Threatening Behavior 2017-present

Ad Hoc Reviewer: Approximately 4-5 papers reviewed monthly

Behavioral and Brain Sciences, 2016-present

Bipolar Disorders – An International Journal of Psychiatry and Neurosciences, 2010-present

British Journal of Clinical Psychology, 2013-2014

British Journal of Psychiatry, 2014-present

Clinical Psychological Science, 2014-present

Clinical Psychology Review, 2015-present

Cognitive Therapy and Research, 2010-present

Comprehensive Psychiatry, 2011-2015

Counseling Psychology Quarterly, 2016-present
Emotion, 2015-present
European Eating Disorders Review, 2015-present
JAMA Pediatrics, 2016-present
JAMA Psychiatry, 2013-present
Journal of Abnormal Psychology, 2008-present
Journal of Child Psychology and Psychiatry, 2015-present
Journal of Clinical Psychology, 2009-present
Journal of Clinical Child and Adolescent Psychology, 2011-present
Journal of Comprehensive Psychiatry, 2011-present
Journal of Consulting and Clinical Psychology, 2009-present
Journal of Social and Clinical Psychology, 2009-present
Journal of Personality, 2013-present
Journal of Personality Disorders, 2013-present
Journal of Psychiatric Research, 2012-present
Journal of Psychopathology and Behavioral Assessment, 2014-present
Personality and Individual Differences, 2009-present
Personality Disorders: Theory, Research, and Treatment, 2010-present
PLoS One: 2016
Psychiatry Research, 2011-present
Psychological Assessment, 2014-present
Psychology and Psychotherapy: Theory, Research, and Practice, 2010
Sage Open, 2014
Suicide and Life-Threatening Behavior, 2012-present

Book Publisher Reviewing

Oxford University Press
Wiley Press
Pearson Humanities, Social Sciences, and Languages

Grant Reviewing

National Science Centre of Poland (2016)
Israel Science Foundation (2015)
The Wellcome Trust, Ad Hoc Grant Reviewer (2014)
British Academy Leverhulme Research Grant Program (2014)

PROFESSIONAL SOCIETY MEMBERSHIP

Association for Psychological Science, 2013-present
Association for Behavioral and Cognitive Therapies (ABCT), 2005-present
American Psychological Association (APA) Division 12 – Society for Clinical Psychology, 2012-2013

QUANTITATIVE PROFICIENCY

Standard univariate and multivariate procedures, structural equation modeling, generalized linear modeling including zero-inflated Poisson regression, hierarchical linear modeling and hierarchical applications to other advanced modeling techniques, analysis of complex survey data, mixture modeling, and survival analysis.

TEACHING EXPERIENCE

Rutgers University

Fall 2011-2014, Fall 2016: **Adult Psychopathology** for Graduate Students (N=5-7)

Average Effectiveness Rating (1 [low] – 5 [high]) = 4.8

Spring 2012, 2013; Fall 2014; Spring/Fall 2016: **Abnormal Psychology** for Undergraduate Students (N=120-400+)

Average Effectiveness Rating (1 [low] – 5 [high]) = 4.5

Fall 2013, Spring 2017: **Applied Latent Variable Analysis and Hierarchical Linear Modeling** for Graduate Students (N=16)

Average Effectiveness Rating (1 [low] – 5 [high]) = 4.4

Florida State University

August 2006 – August 2008: **Conditioning and Learning Lab**; 25-30 students/section

Average Effectiveness Rating (1 [low] – 5 [high]) = 4.8

August 2008 – December 2008: **Research Methods Lab**; 25-30 students

Average Effectiveness Rating (1 [low] – 5 [high]) = 4.6

STUDENT MENTORING AND ADVISING

Rutgers University Graduate Students Mentored:

*indicates served as primary mentor

*Joanne Kim – 2018 – present

*Kathryn Coniglio – 2017 – present

NSF Graduate Research Fellowship

*Allison Borges – 2016 – present

NIDA F31 NRSA Predoctoral Fellowship

Neela Karikhalli – 2015 – present

Aishah Manuel – 2015 – present

Maribel Plascencia – 2015 – present

*Yasmine Omar 2015 – present

APAGS Graduate Student Dissertation Research Award – 2016

Julia Brillante – 2014 – present

*Kara Fehling 2013 – present

NJ Psychological Association Research Award – 2014

*Emily Panza 2012 – present

*Amy Kranzler 2011 – present

ABCT Student Travel Award – 2015

APA Dissertation Research Award – 2014

Rutgers Bevier Dissertation Fellowship Award – 2014

Elsie Ramos Memorial Student Research Award – 2013

ABCT Child and Adolescent Anxiety SIG Invited Talk Award – 2013

Jessica Yu 2011 – 2015

Rutgers University Undergraduate Students Mentored (N=51): Gali Zaborowski (2017-), Darla Bonagura (2016-2018), Joshua Antunes (2017-2018), Abira Wasti (2017-2018), Laura D'Adamo (2017-2018; Henry Rutgers Scholar Award), Samira Dodson (2015-present), Nicholas Diaz (2016-), Gianna Distasio (2016-), Maria Alba (2016-), Nicholas Diaz (2016-), Stephanie Garino (2016-), Kaylee Little (2016-), Dana Manson (2016-), Jacqueline Roiter (2016), Lamar Nero (2016), Faleesha McGhee (2016), Bharav Patel (2015-), Margot Rejaud (2015-; Independent Research Project), Rana Sebak (2015-), Shadia Ahmed (2015-), Allison Dashow (2015-), Megan Prince (2015-), Shabnam Hossein (2015-), Jessica Thompson (2014-2015; Independent Research Project), Nathania Lim (2014-2015), LaNee Isom (2014-2015), Madelin Hernandez Pichardo (2014-present; McNair Scholar), Megan Giles (2014-2015), Brian Habel (2014-2015), Hailey Bourgeau (2014-2015), James Silverstein (2014-2015), Kelly Hoyt 2013-2015, Keely Johnson (2013-2014), Tamara Ortega (2013-2014), Maria Han (Project L/EARN – 2013, 2014), Diane Lee (2013- 2014; Rutgers Abela Award for Excellence in Research in Clinical Psychology), Autumn Harnish (2013-2014), Kaye Ramirez (2013-2014), Niru Natarajan (2013 – 2014), Arsalan Shawl (2013 –2015), Allie Brereton (2012 – 2014; Honors Thesis), Samantha Arguetta (2012-2014; Independent Project), Jessica Tennenbaum (2011 – 2013), Alex Young (2012 – 2013), Jamie Parkin (2012 – 2013), Haroon Malik (2012 – 2013), Marko Lamela (2012 – 2013), Christopher Kurzum (2012-2013, post-bac), Carmen Falisi (2012-2013), Anastasia Galanos (2012; Independent Research Project), Joshua Jussim (2012), Michael Zaurov (2012), Rommel Montilus (2012 – 2013), Dania Goodin (2011 – 2012), Andres Ramirez (Project RISE – 2012), Walter Fortson (Project L/EARN – 2012 – 2013)

Florida State University Undergraduate Students Mentored:

Anne Ward (2009) – Honors Thesis, awarded *Florida State University Undergraduate Research and Creativity Award, Honors in the Major*, Lovanna Connell (2009)

SERVICE

International Service

World Congress of Behavioral and Cognitive Therapies – Conference Content Reviewer, 2013
Monash University, Melbourne, Australia – Dissertation Committee for Sarah A. Mitchell, DPsych, 2015

Monash University, Melbourne, Australia – Dissertation Committee for David T. Voon, DPsych, 2014

National Service

Ph.D. Dissertation Committee, Emily Edwards – 2019, CUNY John Jay College

Bates College Honors Thesis Outside Examiner, Olga Rezvina, 2018

Association for Behavioral and Cognitive Therapies – Conference Content Reviewer, 2013-2017

Military Suicide Research Consortium, Member, 2016-present

Ph.D. Dissertation Committee, Stephanie Manassee – 2015, Drexel University

National Institute of Health Predoctoral F31 Consulting Mentor, Stephanie Manassee, Drexel University, 2014-2015

State and Local Service

New Jersey Youth Suicide Prevention Advisory Council, 2016-present

Warwick Valley High School Science Research Program Mentor (Mika Leonard), 2014-2016

Rutgers University Service

Project L/EARN Disadvantaged Student Mentor 2012, 2013, 2016

McNair Program Mentor, 2015-2016

Biomedical Research Advisory and Busch Biomedical Grant Review Committee, 2014-2017

Project RISE Disadvantaged Student Mentor, 2012

Rutgers Psychology Department Service

Psychology Department Executive Council, Clinical Area Representative, Fall 2016 - present

Psychology Department Space Committee, 2016-present

Faculty Director, Undergraduate Abnormal Psychology Labs, 2014 - present

Rutgers Clinical Psychology Alumni Networking Task Force – Chair, 2013

Psychology Club and Psi Chi Committee, Chair, 2012-present

Cognitive Behavioral Therapy Curriculum Committee, 2012

Psi Chi and Psych Society Faculty Advisor, 2012 – present

Faculty Search Committee, 2012

Faculty Search Committee, 2011

Diversity Committee, 2011-2013

Statistics Committee, 2011

Rutgers University – Ph.D. Graduate Student Dissertation Committees

Alexandra King – 2019

Kara Fehling – 2019, Chair

Jenna Herald-Cohen – 2018

Nicholas Fox – 2018

Bruno Sauce Silva – 2018

Christopher Hughes – 2018

Min-Jeong Yang – 2018

Yasmine Omar – 2018, Chair
Emily Panza – 2017, Chair
Danielle Ryan-Hatchimonji, 2017
Alex Redcay – 2016, School of Social Work
Amy Kranzler – 2015, Chair
Kiara Wesley – 2015
Amanda Carson-Wong – 2015
Jessica Yu – 2015
Kristin Bold – 2014
Dominic Mocerri – 2012

Rutgers University – Psy.D. Graduate Student Dissertation Committees

Alexandra Hittman – 2018
Julia Brillante – 2018, Chair
Pedro Viera Oliveira – 2016
Lauren Steffel – 2012

Rutgers University – Masters Committees

Sarah Grace Helton - 2019
Kathryn Coniglio – 2019, Chair
Laura Lesnewich – 2018
Allison Borges – 2017
Maribel Plascencia – 2017
Kara Fehling – 2016, Chair
Christopher Hughes – 2015
Emily Panza – 2015, Chair
Danielle Ryan – 2014
Christopher Wyszynski – 2014
Sarah Mann – 2013
Jessica Yu - 2013
Amy Kranzler – 2013 – Chair
Amanda Carson-Wong – 2013

Rutgers University – Graduate Student Doctoral Qualifying Exams Committees

Arielle Linsky – 2017
Nicholas Fox – 2017
Allison Borges – 2017
Deena Peyser – 2016
Carolyn Spirio – 2016
Bruno Sauce Silva – 2016
Emily Panza – 2015, Chair
Yasmine Omar – 2015, Chair
Caroline Haimm - 2015
Amy Kranzler – 2014, Chair

Gwyne White - 2013
Krysten Bold - 2012
Lauren Pepa – 2012
Dominic Mocerì – 2011

CLINICAL EXPERIENCE

July 2010 – June 2011: *Psychology Resident*, **Brown University – Warren Alpert Medical School**, Clinical Psychology Internship Training Consortium.

Rotations:

Substance Abuse Treatment Program, Providence Veterans Affairs Medical Center
Returning Veterans OIE/OEF Outpatient Sub-rotation
Women’s Partial Hospitalization Program, Butler Hospital
Psychiatric Emergency Room Sub-rotation
Sleep and Anxiety Disorders Center, Rhode Island Hospital
Pulmonary Sleep Medicine Clinic Sub-rotation
Pediatric Sleep Disorders Clinic Sub-rotation

July 2008 – June 2010: **Crisis Management Unit**, Florida State University. On-call crisis intervention and evaluation for individuals experiencing suicidal, homicidal and psychotic symptoms.

August 2006 – August 2008: *Psychological Trainee*, **FSU Psychology Clinic**, Tallahassee, FL. Outpatient therapy and assessment for adults and children with a wide range of psychological disorders.

June 2007 – August 2008: *Psychology Intern*, **Eastside Psychiatric Hospital, Apalachee Center**, Tallahassee, Florida. Individual and group inpatient psychiatry service provision.

June 2007 – August 2008: *Psychology Intern*, **Crisis Stabilization Unit, Apalachee Center**, Tallahassee, Florida. Individual and group inpatient psychiatry service provision.

June 2007 – October 2007: *Psychology Intern*, **Forensic Rehabilitation Wing, Apalachee Center**, Tallahassee, Florida. Individual and group inpatient psychiatry service provision.

August 2006 – August 2007: *Psychological Trainee*, **Jackson Juvenile Offender Correction Center (JJOCC)**, Specialized Treatment Program. State of Florida Department of Juvenile Justice, Marianna, Florida. Individual, group, and assessment services.

August 2006 – August 2007: Psychological Trainee, **Arthur G. Dozier School for Boys**, Specialized Treatment Program. State of Florida Department of Juvenile Justice, Marianna, Florida. Individual service provision.

MEDIA COVERAGE

2019

Thrive Global: <https://thriveglobal.com/stories/move-on-method-stop-rumination-overthinking-past/>

<https://news.rutgers.edu/research-news/how-young-adults-experience-pain-affects-self-injury-rutgers-study-finds/20190226#.XHWjtC3Mw6h>

Psychological Science: <https://www.psychologicalscience.org/publications/observer/obsonline/young-adults-pain-self-injury.html>

Philadelphia Inquirer: <https://www.philly.com/health/self-injury-self-harm-cutting-suicide-mental-health-20190326.html>

2018

<https://www.medicalnewstoday.com/articles/267432.php>

2017

OZY.com: <http://www.ozy.com/acumen/the-finding-about-eating-disorders-that-gives-hope-for-recovery/76943>

2015

Rutgers Today: <http://news.rutgers.edu/research-news/self-injury-raising-profile-dangerous-behavior/20151029#.VjNyBIS1h6l>

CBC News: <http://www.cbc.ca/news/health/pro-anorexia-bulimia-communities-thriving-online-1.2956149>

Global News Canada Television Interview: <http://globalnews.ca/video/1849330/eating-disorder-communities-thriving-online/>

Huffington Post: http://www.huffingtonpost.com/2015/02/27/eating-disorder-myths-debunked_n_6736740.html?1425066859

2014

Huffington Post: http://www.huffingtonpost.com/2014/08/07/anorexia-patients-hard-to-treat_n_5655313.html

US News and World Report: <http://health.usnews.com/health-news/articles/2014/08/06/pride-over-weight-loss-may-help-drive-anorexia>

New York Magazine: <http://nymag.com/scienceofus/2014/08/anorexias-positive-emotions-bring-challenges.html>

Association for Psychological Science:

<http://www.psychologicalscience.org/index.php/publications/observer/obsonline/dysregulated-positive-emotions-predict-disordered-eating.html>

Rutgers Today:

<http://news.rutgers.edu/research-news/anorexia-fueled-pride-about-weight-loss/20140803#.U-DFaFbbcds>

WebMD:

<http://www.webmd.com/mental-health/eating-disorders/anorexia-nervosa/news/20140806/pride-over-weight-loss-may-help-drive-anorexia>

New Jersey Spotlight:

<http://www.njspotlight.com/stories/14/08/04/study-good-feelings-about-losing-weight-may-backfire-contribute-to-anorexia/>

Medical Daily:

<http://www.medicaldaily.com/anorexia-nervosa-often-fueled-positive-emotions-satisfaction-extreme-weight-loss-296430>

Counsel and Heal:

<http://www.counselheal.com/articles/10724/20140804/pride-tied-to-weight-loss-increases-risk-of-anorexia.htm>

Health Canal:

<http://www.healthcanal.com/disorders-conditions/eating-disorders/53765-anorexia-fueled-by-pride-about-weight-loss.html>

Daily Mail:

<http://www.dailymail.co.uk/health/article-2716463/Anorexia-fuelled-PRIDE-Satisfaction-losing-weight-exacerbate-disease-psychologist-claims.html>

Design & Trend:

<http://www.designntrend.com/articles/17592/20140804/researchers-find-dangerous-relationship-between-pride-and-anorexia.htm>

PsychCentral:

<http://psychcentral.com/news/2014/08/05/some-take-pride-in-anorexic-weight-loss/73218.html>

Headlines and Global News

<http://www.hngn.com/articles/38056/20140805/pride-weight-loss-fuels-anorexic-behavior-study-finds.htm>

News-Medical.Net

<http://www.news-medical.net/news/20140804/Positive-emotions-may-play-exacerbating-role-in-fueling-anorexia-nervosa.aspx>

University Herald:

<http://www.universityherald.com/articles/10744/20140805/anorexia-may-be-fueled-by-positive-emotions.htm>

Science World Report:

<http://www.scienceworldreport.com/articles/16427/20140804/anorexia-may-be-encouraged-by-pride.htm>

Intuit Small Business Blog:

<http://www.smartbrief.com/07/01/14/3-ways-business-owners-sabotage-their-own-enterprises#.UDGwVbbcds>

Rutgers Daily Targum: <http://www.dailytargum.com/article/2014/09/effects-of-self-objectification>

2013

British Psychological Society Blog: <http://bps-research-digest.blogspot.com.au/2013/12/what-are-teens-hoping-to-feel-when-they.html>

International Association for Suicide Research: <http://suicide-research.org/young-investigator>

Psychology Today: <http://www.psychologytoday.com/blog/fulfillment-any-age/201311/conquer-your-bad-dreams-confronting-your-worries>

NaturalTherapyforAll.com: <http://blog.naturaltherapyforall.com/2013/11/20/how-worrying-affects-your-sleep/>

2012

About.com: <http://stress.about.com/od/psychologicalconditions/a/rumination.htm>

About.com: <http://ptsd.about.com/od/glossary/g/Non-Suicidal-Self-Injury-Disorder.htm>

Bluepeople.com: <http://www.bluepeople.com/showthread.php?t=206718>

Commitment to Living: <http://commitmenttoliving.com/ctblog/2013/3/14/affective-and-behavioral-dysregulation-key-in-adolescent-suicide-attempts>

2011

Goodtherapy.org: <http://www.goodtherapy.org/blog/non-suicidal-self-injury-nssi—should-it-be-included-in-dsm-v/>
Florida State University: <http://artsandsciences.fsu.edu/Stories-and-events/Grad-student-receives-national-award-for-research-in-clinical-psychology>
Psychology Today: <http://www.psychologytoday.com/articles/201109/dodging-emotions-the-help-harms>
Rutgers Focus: <http://news.rutgers.edu/focus/issue.2011-11-29.5885625106/article.2011-12-05.3805236974>